

**Department of Public Health  
Institute of Social & Cultural Studies  
Faculty of Behavioral & Social Sciences  
University of the Punjab, Lahore**

**Course Outline**

<b>Programme</b>	BS Workplace Health & Safety Promotion	<b>Course Code</b>	<b>WHSP 402</b>	<b>Credit Hours</b>	3
<b>Course Title</b>	Policy Laws and regulations in Occupational Safety & Health				

## **WHSP 402-Policy Laws and regulations in Occupational Safety & Health**

### **Course Description**

- This course presents an overview of Occupational policymaking.
- The course will examine different types of Occupational health policy, policy development processes and theories that underpin them. Interest groups and the challenges they pose to decision-making processes will be discussed.
- The social and political impacts of health policy will be explored, as well as the jurisdictional responsibilities held by different levels of government for health policies.

### **Course Objectives**

Upon completion, students will be able to:

1. Develop an understanding of health policy as a key dynamic element of the determinants of health, with effects on the health of populations and societies.
2. Understand the policies, laws and regulations in occupational health and safety.
3. Explain the role of government and their agencies, NGOs and the community in the development and implementation of health policy
4. Understand the importance of OSH policies, laws and regulations
5. Understand the guiding principles of OSH
6. Understand OSH laws in Pakistan and worldwide

### **Course Content**

#### **1. Introduction**

- Scope and Importance of Occupational Policies, Laws and Regulations
- Important Terms
- Subjects of Application
- Adjustments for Victims

#### **2. Principles for Guaranteeing Occupational Safety and Health**

- Rights and obligations of workers
- Rights and obligations of employers
- Rights and Obligations of organizations, social organizations and its members
- Rights and responsibilities of trade unions
- Rights and responsibilities of establishments trade unions
- Prohibited Acts

### **3. Occupational Health and Safety Laws and Regulations**

- Factory Act 1934
- Occupational Health and Safety Laws Worldwide
- Occupational Health and Safety Laws in Pakistan
- Pakistan Occupational Health and Safety Act 2018
- The Punjab Occupational Safety and Health Act 2019
- Labor laws in Pakistan
- The Provincial Employees' Social Security Ordinance, 1965
- Punjab Employees Social Security Institution
- Social Security Schemes for Labor in Pakistan
- Social Security hospitals for Labor in Pakistan
- Punjab Healthcare Commission Laws and regulations and act related to quality assurance and patients' safety at health care industry

#### **4. Law and Governance**

#### **5. History of Occupational Safety and Health Policy**

#### **6. Policy Advocacy through Argument**

#### **7. Standards and the Occupational Safety and Health Act**

#### **8. Enforcement and the Occupational Safety and Health Act**

#### **9. International Policy**

#### **10. Workers' Compensation and Work as an Economic Activity**

### **Practical Contents**

Visit of Labor and PESSI institute to understand labor laws and social security network for labor in Punjab/Pakistan

### **Teaching-Learning Strategies**

Teaching will be a combination of class lectures, class discussions, and group work.  
Short videos/films will be shown on occasion.

### **Assignments**

The sessional work will be a combination of written assignments, class quizzes, presentation, and class participation/attendance.

### **Assessments and Examination**

Sessional Work: 25 marks

Midterm Exam: 35 marks

Final Exam: 40 marks

### **Recommended Readings**

1. Myers, M. L. (2015). Occupational Safety and Health Policy. ISBN: 978-0-87553-271-4  
eISBN (PDF): 978-0-87553-272-1 <https://doi.org/10.2105/9780875532714>
2. Teitelbaum, J. B. & Wilensky, S.E. (2011). Essentials of Health Policy and Law. Jones & Bartlett Learning, LLC.
3. <https://pessi.punjab.gov.pk/>